#### Life Cycle Assessment Sustainable Packaging and Recycling Decisions



#### "This option is best because it's made from plants."

#### "This option is best because it's lightweight."

#### "This option is best because it's reusable."



#### "This option is best because it's made from plants." ...but it's not recyclable!

"This option is best because it's lightweight." ...but it's made of fossil-based materials!

"This option is best because it's reusable." ...but it uses a lot of material! How can we evaluate those trade-offs?

What has the least net environmental impact?

How can we take a holistic view?







Particulate emissions **Acidification potential Solid waste generation** Water consumption **Fossil fuel consumption Carbon footprint Eutrophication potential** Aquatic toxicity **Cumulative energy demand** Human toxicity **Non-fossil resource consumption** 

#### Boundaries depend on the question being asked



#### Boundaries depend on the question being asked



#### Boundaries depend on the question being asked



# You're in charge of packaging for a brand of coffee.

### You have two options.

### **Option A**

# **Option B**

Uses 25% recycled content

Uses 0% recycled content

Has a recycling rate of 73%

Has a recycling rate of 0%

# **Option A**

# **Option B**







The steel can has more circular economy characteristics, but it is significantly more GHG intensive.

#### Greenhouse gas emissions

(per 6,250 lbs of coffee, AMERIPEN 2016)

You're in charge of packaging for a new product.

You have two options for the type of plastic.





Greenhouse gas emissions

This time, we don't want to blindly follow circular economy ideals. Let's base the decision on a comparative life cycle assessment.

**Option B** has a markedly lower carbon footprint.

### If you chose option B, you've chosen PVC !





Greenhouse gas emissions



Can subjects like land use, toxicity, and marine plastic pollution be described by singular metrics?



# LCA's biggest limitation?



# time

LCA estimates *some* indicators of environmental preferability <u>within the</u> <u>current system at the current time</u>.

It cannot tell us if we're creating a system that can be indefinitely sustained in the future.

A system that can be indefinitely sustained requires low life cycle impacts and circularity.



# The good news?

Circularity almost always decreases life cycle impacts like carbon footprint

Greenhouse gas emissions



Greenhouse gas emissions

Now if you choose option B, you've chosen 100% recycled PET ! From the Oregon DEQ's publication The Significance of Environmental Attributes as Indicators of the Life Cycle Environmental Impacts of Packaging and Food Service Ware:

"materials with recycled content generally have lower environmental impacts than producing the same materials from primary feedstocks."

i.e. *don't* switch from material A to material B just because material B has more recycled content, but *do* use as much recycled content as possible once a material has been chosen.

# RECYCLING



#### **Recycling has two major effects on life cycle impacts**



#### **Recycling has two major effects on life cycle impacts**

Impacts (and benefits) from landfilling and incineration are avoided.



#### **Recycling has two major effects on life cycle impacts**

Impacts (and benefits) from landfilling and incineration are avoided. Impacts (and benefits) from extracting and manufacturing with virgin feedstocks are avoided.



# Conventional LCA boundaries exclude one of the "two" life cycles impacted by recycling.



*Recycling* enables the "next" product to be manufactured with recycled content, but <u>those impact reductions don't get</u> <u>attributed to the item being recycled</u>.



*Manufacturing with recycled content* enables the "previous" product to be recycled, but <u>those impact reductions don't get</u> <u>attributed to the item manufactured with recycled content</u>.



# How to make plastic recycling look bad



# How to make paper recycling look bad



The EPA WARM tool uses boundaries that are appropriate for the question "what happens if we change an end-of-life pathway?"

(e.g. "what happens if this gets recycled?")





WARM can be used to get a common sense view of the greenhouse gas emission reductions from recycling different materials.



WARM can be used to get a common sense view of the greenhouse gas emission reductions from recycling different materials.

But should recycling decisions be based solely on LCA? WARM tells us that recycling **ANY** material results in a <u>reduction</u> of greenhouse gas emissions.

So while this type of thinking may be useful to prioritize recycling of certain materials, it should not be used to justify recycling less.

More tons recycled = more GHG emissions avoided

#### From HB 1795:

"Washington should reset its recycling agenda and <u>move away from</u> <u>arbitrary waste diversion and recycling goals</u> and emphasize quality recycling that <u>prioritizes recycling that offers significant economic</u> <u>and environmental benefits</u> over the quantity of waste diverted"

Are weight-based diversion and recycling goals truly "arbitrary"?

Does translating tons of waste to tons of GHG emissions truly tell us about "environmental benefits"?

What are the "environmental benefits" of recycling?

Reducing the use of landfills? Conserving resources? Enabling a more circular economy for its own sake? Reducing greenhouse gas emissions? What about reducing water consumption, toxicity, particulate emissions, energy usage, etc? All of the above?

### Key Takeaways

- ★ LCA is the only way we can learn about "invisible" environmental characteristics like GHG emissions.
- ★ LCA can show us a plethora of different environmental indicators it can't tell us which one is most important.
- ★ The analysis boundaries matter!
- ★ LCA is temporally limited. It gives us a snapshot in time.

### Key Takeaways

- ★ LCA can help avoid unintended consequences of decisions.
- ★ LCA can introduce unintended consequences when relied on too heavily.
- ★ LCA is extraordinarily sophisticated, and still an imperfect science.
- ★ Sustainability is science + art + philosophy.
- ★ Don't feel bad for liking circular economy principles because they're easier to understand!